

LEHIGH VALLEY

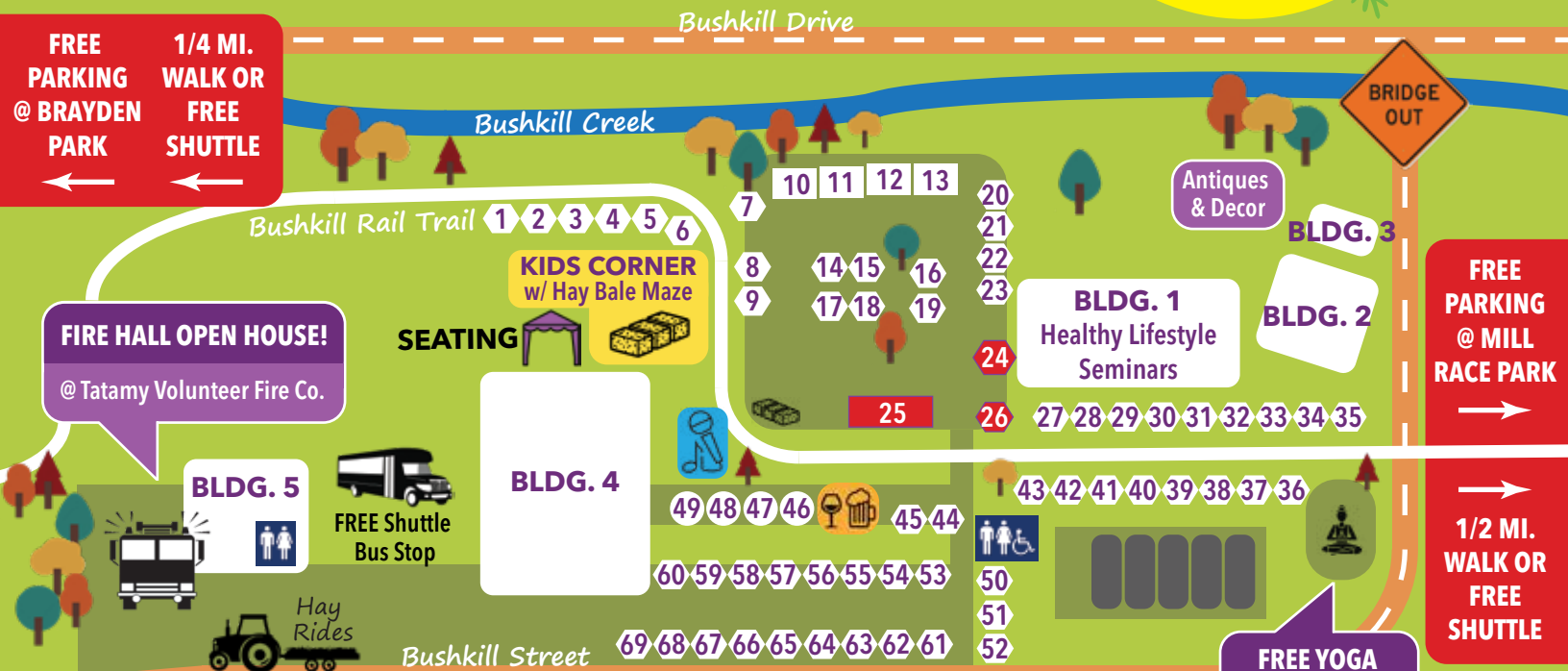
VEGISTOCK

OCTOBER 12, 2019 11am - 5pm

@ Llantrisant Retreat & Wellness Center
336 Bushkill Street Tatamy, PA



FALL FESTIVAL MAP



FIRE HALL OPEN HOUSE!
@ Tatamy Volunteer Fire Co.

BLDG. 5
FREE Shuttle Bus Stop

BLDG. 4

BLDG. 1
Healthy Lifestyle Seminars

BLDG. 2

Antiques & Decor

FREE PARKING @ MILL RACE PARK

1/2 MI. WALK OR FREE SHUTTLE

Main St/Uhler Road

- 1 On Your Table
- 2 YMCA
- 3 Lehigh Valley Childrens Ctrs
- 4 Easton Wrestling Booster
- 5 Free Mom Hugs
- 6 Pocono Greyhound Adoption
- 7 Sweet Kiss Lemonade
- 8 Brewsuits
- 9 Wegmans
- 10 Bananarama
- 11 Blend Life
- 12 Cool Treats
- 13 Vegan Voyagers
- 14 Vegan Outfitter
- 15 Crazy Good Snacks & Stuff
- 16 Peanut Butter & More

- 17 Amans Bistro
- 18 Nature's Delight
- 19 Corrie's Tree Hugger Supplies
- 20 Pibbles Paws Safe Haven
- 21 Chiropractic Whole Health
- 22 Shoprite of Bethlehem
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- 24 Kellyn Foundation/Main Tent
- 25 Eat Real Food Mobile Market
- 26 Kellyn Kitchens
- 27 Brooke's Cricket Creations
- 28 Vegan Butcher
- 29 Vegan Butcher
- 30 Purple Sage Jewelry
- 31 Noble Earth, LLC
- 32 Scentsy
- 33 Bare Beauty Apothecary
- 34 Kannaway

- 35 Soulful Journeys
- 36 Eastern Dance Supply
- 37 ColorStreet
- 38 Seasons Taproom
- 39 Lehigh Valley Kombucha
- 40 Monocacy Farms
- 41 Farmhouse Bakery
- 42 St. Lukes
- 43 Mostly Mutz
- 44 Old Pappy's BBQ
- 45 Loving Hut
- 46 Sleepy Cat Urban Winery
- 47 McCarthy's Red Stag Pub
- 48 Buckingham Valley Vineyards
- 49 Boser Geist
- 50 Reinvented Threads
- 51 American Heart Association
- 52 LV Dietetic Associates

- 53 Y Nots & Baubles
- 54 Y Nots & Baubles
- 55 Crochet Creations by KG
- 56 Estelles Catering
- 57 Crafty Nicole
- 58 Crafty Nicole
- 59 Simply Soy & Scent
- 60 MoPweeze Bakery
- 61 Buy Fresh Buy Local
- 62 Correll Creations
- 63 LuLaRoe
- 64 Tupperware
- 65 Easton Area Arts Academy
- 66 United Way
- 67 Lehigh Valley Vegetarians
- 68 Cutco Knives
- 69 Freakin Vegan

BLDG. 1 LLANTRISANT RETREAT & WELLNESS CENTER
Healthy Lifestyle Seminars & Indoor Seating

BLDG. 2/3 GRIST MILL CABINETRY & COTTAGE
Antique & Decor Indoor Shopping

BLDG. 4 GERHART MEASURING DEVICES
A Good Neighbor

BLDG. 5 TATAMY VOLUNTEER FIRE COMPANY
Open House Event

WWW.LVVEGSTOCK.ORG



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HEALTHY LIFESTYLE SEMINARS (BLDG 1)

- 11:30AM** Mark Kenney, M/ Ed., NCC, LPC:
The Trifecta of Living Well
- 12:30PM** Ian Cramer: Live Long and Perform
- 1:30PM** Anthony Masiello:
Losing Weight and Gaining Health
- 2:30PM** Dr. Bonnie Coyle: Macronutrients Revisited
- 3:30PM** Dr. Meagan Grega: Hara Hachi Bu, Ikigai,
and Other Words to Live By



MUSIC SET

- 11:00AM** Tom Llewelyn
- 11:45AM** Easton Arts Academy
- 12:30PM** Three Hour Drive
- 2:00PM** Grayling
- 3:00PM** George Parr
- 4:15PM** Beach Bod
- ALL DAY** DJ Johnny Johnson



LIFE ARTS SCHEDULE

- 12:30PM** Open Level Yoga with Annie
- 1:30PM** Bellydance with Carmen
- 2:30PM** Ashtanga Yoga with Carol

MADE POSSIBLE BY OUR GENEROUS SPONSORS



MORE ENTERTAINMENT

- * **ALL DAY:** Family Fun in the Kid's Corner including face painting, arts & crafts, & more...
- * **ALL DAY:** Hay Bale Maze sponsored by Gerhart and Raub's Farm Market
- * **ALL DAY:** Kid's activities, fire truck tours, and fire demonstrations at the Fire Hall
- * **12pm-5pm:** FREE Hay Rides at the Fire Hall
- * **12pm-3pm:** Line Dancing at the Fire Hall on the Third Floor



FREE PARKING @ MILL RACE PARK, BRADEN PARK, & HOPE LUTHERAN CHURCH
FREE SHUTTLE BUS RUNNING A CONTINUOUS LOOP FROM 11AM-5PM